



**Hitting Clinics - Registration Form**

Softball Saskatchewan is pleased to announce that Keith Mackintosh of Saskatoon has been selected as our new Provincial High Performance Coach. This new part-time position will focus on providing High Performance Coach and Athlete development opportunities for those involved in the Training to Train (T2T) and Training to Compete (T2C) stages of our Long Term Player Development Model, which includes U16, U18, and U21 age groups.

Keith brings with him a solid foundation for involvement at the High Performance level. He was a member of our Men's National team since 1998 and has competed in numerous International events including two World Championships. Keith received numerous selections as All-Canadian and All World All-Stars at Canadian and ISC Championships. Keith has been a member of five Canadian Championship teams. He is highly regarded as a hitting specialist and has helped us with this the last couple of years at our Introduction to Excellence camps.

Softball Saskatchewan is offering the following Hitting Clinics. This clinic is open to boys and girls U16 to U21 (Bantam to Junior) age categories. Groups will be determined by age group and if you select one or both clinics. If you take both clinics Keith will continue building on what you learned at the first clinic.

These clinics will cover the following aspects of hitting: The Swing, Bunting, Situational Hitting, Plate Coverage and Mental Focus. We will also discuss a variety of Hitting Drills that coaches can implement into their practice plans. The Hitting Clinics are scheduled for the following dates:

<b>Regina</b>	<b>Saskatoon</b>
Feb. 4 <sup>th</sup> <b>Coaches Only</b> (free) 9:00-3:30 (expected for 2 hours)	Feb. 5 <sup>th</sup> <b>Coaches Only</b> (free) 10-4pm (expected for 2 hours)
Feb. 25 <sup>th</sup> Coaches & Players (\$15.00) 9:00-3:30pm	Feb 26 <sup>th</sup> Coaches & Players (\$15.00) 10:00-4:00pm
Mar. 18 <sup>th</sup> Coaches & Players (\$15.00) 12:30-7:00pm	March 17 <sup>th</sup> Coaches & Players (\$15.00) 4:30-9:00pm

**\*\*Note: if you attend both player clinics – you will only have to pay \$25.00\*\***

The groups will be of 5-10 athletes (with their coaches), with each group receiving **1 hour** of instruction/practice in their groups. Please note a player could be placed in one session anytime in that span! **A confirmation email will be emailed or faxed out after the registration deadline with group time and location. If you do not have an email or fax please phone the office for registration confirmation.**

For more information – please contact Jacqueline or Nicole at the Softball Saskatchewan office @ 780-9235 or [info@softball.sk.ca](mailto:info@softball.sk.ca) Registration will only be upon payment. **Everyone must pre-register through the office by Monday, February 13<sup>th</sup>, 2012. Every player must bring indoor shoes, bat and helmet to the clinic.**

Please fill out the following form and send it in with your registration fee of \$15.00 or \$25.00 (non-refundable) to: **Softball Saskatchewan @ 2205 Victoria Ave. Regina, SK S4P 0S4** by Monday, February 13<sup>th</sup>, 2011.

PLAYERS:  
Saskatoon 1<sup>st</sup>: \_\_\_\_\_ 2<sup>nd</sup>: \_\_\_\_\_ Regina 1st, 2<sup>nd</sup>: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Please circle what year you were born in:  
1997 1996 1995 1994 1993 1992

**COACHES: circle one Regina – Feb.4 or Saskatoon – Feb. 5 \*\*Due by January 23<sup>rd</sup>, 2012\*\***

NAME: \_\_\_\_\_ Team Played for in 2011: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: H) \_\_\_\_\_ W) \_\_\_\_\_ Email: \_\_\_\_\_

BIRTHDATE: day \_\_\_\_\_ month \_\_\_\_\_ year \_\_\_\_\_ Medical Concerns: \_\_\_\_\_